

Physical Disability Organisations and Support Services

Wellington Region		
Physical Disability Support	Who do they work with?	Website / Contacts Email
Halberg Foundation	Works with children and young adults aged 5-21 with physical disabilities and vision impairments. Funding available.	https://www.halberg.co.nz/ Celia O' Driscoll – Wellington Adviser celia@halberg.co.nz
dsport	Children and adults with physical disabilities – offers sport and recreation opportunities	https://www.dsport.nz/ Catriona McBean - catriona@dsport.nz
Blind and Low Vision NZ	Children and adults with vision impairments	https://blindlowvision.org.nz/ Micky Gunn – Wgt Recreation Coordinator: MGunn@blindlowvision.org.nz
BLENNZ - Wellington	School and national network of educational services for children and young people who are blind, deafblind or have low vision	https://www.blennz.school.nz/
Life Unlimited	Charitable trust offering a multitude of health and disability services, advice and equipment	https://www.lifeunlimited.net.nz/ Susan Wilson – Local Area Coordinator Susanw@lifeunlimited.net.nz
CCS - Disability Action	CCS Disability Action is the largest pan-disability support and advocacy organisation in New Zealand	https://www.ccsdisabilityaction.org.nz/Wellington.Admin@ccsDisabilityAction.org.nz
NZ Disability Support Network	A network of not-for-profit organisations and some for-profit NGOs that provide support services to disabled people, mainly through contracts with government.	www.nzdsn.org.nz
Laura Ferguson Trust	Provides opportunities for people with physical or neurological impairments to pursue a supported and independent life.	https://laurafergussonnewzealand.co.nz/
Manaaki Ability Trust	Vocational services for people with disabilities aged between 18-65 years.	https://manaakiabilitytrust.org.nz/
Adaptive Technology Solutions	IT support for people with vision & hearing impairments.	https://www.adaptivetech.co.nz/
Achilles (Wellington Group)	Achilles International is a worldwide organisation whose mission is to enable people of all ages with all types of disabilities to participate in mainstream athletics, promote personal achievement, and enhance self-esteem and lower barriers.	achilleswellington@gmail.com – runs a casual jogging group, external events, social events etc.
Trikes NZ	Trikes NZ offers a wide range of trikes and recumbents, all custom-fitted, to give more mobility and access to recreation.	https://www.trikesnz.co.nz/ - Halberg Activity Fund can offer financial assistance to those aged 5-21 with a physical disability.
Wellington Youth Disability Network	WYDN is a place to share experiences, discuss issues that matter and plan meet-ups and projects. Wellington has a sub regional group to connect across Wellington Central, Porirua, Kapiti, Hutt Valley and Wairarapa.	https://www.facebook.com/wellingtonyouthdisabilitynetworknz/

Physical Disability Sporting, Recreational Opportunities & Programmes

Wellington Region		
Who?	What?	Website / Contacts Email
dsport	Children and adults with physical disabilities – offers sport and recreation opportunities. Runs a social youth group. Also runs a Powerchair Football club monthly in Porirua.	https://www.dsport.nz/ Catriona McBean - catriona@dsport.nz
Lyall Bay Surf Lifesaving Club	Lyall Bay Surf Lifesaving Club runs Adaptive Surf sessions for children with physical disabilities throughout the summer months on Sunday mornings 11-1pm (usually Dec – Mar)	Craig Jones – Club President craigj@auldhouse.co.nz
Fergs Kayaks, Queens Wharf	Adaptive Climbing Programme for those with physical and intellectual disabilities	managerwn@fergskayaks.co.nz 04-499 8898
Sailability Wellington	Sailing sessions for children with disabilities	http://sailability-wellington.org.nz
Wellington RDA	Horse Riding for the Disabled – located in Wellington, Hutt Valley and Wairarapa	wellingtonrda@xtra.co.nz
Wairarapa Boccia Group	Located at Masterton YMCA	http://www.boccia.org.nz/wairarapa-boccia-group.html
City Fitness Masterton	Has experience in adapting fitness programmes for people with disabilities.	Jenna Mitchell - https://www.cityfitness.co.nz/locations/north/masterton/5
WCC Mornington Golf Club	Ray Tuffin runs adaptive golf sessions.	Ray@wgtncitymission.org.nz
Activate (Upper Hutt City Council)	Activation Team works with clubs, active recreation providers, community groups and individuals to develop and support physical activity in the city and to implement the active recreation plan	http://www.activation.org.nz/activation/ADA-PT-Programme
Ignite Sport	Ignite Sport looks for ways to support all young people in our community especially people who may have less opportunities than others. We regularly assist at community events such as Athletes with a Disability Athletics days, Tri-ability events, we run an annual day for the Thumbs Up programme, and more recently have provided sports and recreation activities for students who attend the Naenae College Special Needs Unit.	http://www.ignitesport.org.nz/
Adapt MBT	Building a community of adaptive mountain bikers.	https://www.adaptmtb.nz/
Everybody Dance Now	Hutt City Council have been running an inclusive dance-based fitness class for disabled adults (intellectual and physical) in Moera Hall.	More info; www.activeinthehutt.org.nz

Intellectual Disability Sports Offered and Contact details 2020

Special Olympics Hutt Valley			admin@specialolympicshuttvalley.org.nz					
Sport	Head Coach/Manager	Contact Number	Contact Email	Training Day	Training Time	Training Location	Cost	2021 Months Offered
Athletics	Shaun McCarthy	027 569 6331	Athletics@specialolympicshuttvalley.org.nz	Friday	5.00pm – 6.00pm	Hutt Rec		30 th January - April Sept – Dec
Basketball	Mark Guiney Neville Harrod	(029) 770-5623	Basketball#specialolympicshuttvalley.org.nz	Sunday	3.30pm- 5pm	Walter N ash	\$5	16th February - October
Football	James McErlean "Jim" Bruce Neal	021 244 9228	Football@specialolympicshuttvalley.org.nz	Monday	5pm – 6pm	Hutt Indoor Sports/ Hutt Park - Junglerama	\$5	17 th February – O ctober
Golf	Ray Tuffin		Golf@specialolympicshuttvalley.org.nz	Saturday	12-1pm	Mornington Golf Club	Free	
Swimming	Dave Burrowes	021 705 278	Swimming@specialolympicshuttvalley.org.nz	Sunday	5pm – 6pm	Stokes Valley Pool	Pool entry	1 st March onwards - October
Tenpin Bowling	Andrew and Karen Campbell	027 332 4577	Tenpin@specialolympicshuttvalley.org.nz	Tuesday	4.45pm – 6pm	Strike, Petone	\$5 a game (3 max)	17 th March - October

Special Olympics Wairarapa			Email: wairarapa@specialolympics.org.nz Sports Coordinator:					
Sport	Head Coach/Manager	Contact Number	Contact Email	Training Day	Training Time	Training Location	Cost	Months Offered
Athletics	Andrea and Mark Harris	027 421 1567	andrea@maharris.co.nz					
Swimming	Marilyn Morrison	027 442 8615	morrison@wise.net.nz					



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Special Olympics Kapiti								
Sport	Head Coach/Manager	Contact Number	Contact Email	Training Day	Training Time	Training Location	Cost	2021 Months Offered
Athletics	Chris Barnden	021681758	Phoenix_nz@xtra.co.nz	Wednesday	5-6.30pm	Paraparaumu Domain		
Basketball	Tim Upton	0272477764	Tim.Upton@bluestar.co.nz	Saturdays	2pm -4.00pm	Paraparaumu College		21 st March - October
Football	Kim Tripae Margaret Peacock	0276711216	Kimbaandbaz@gmail.com Margaret.peacock@hotmail.co.nz	Tuesday	5.30-6.30pm	Action Indoor Sports, Matthews Park	\$4 per session	
Golf	Wayne Donovan	027 454 0134	Wbdonovan06@gmail.com					
Swimming	Marion Walton		Marion.walton1@gmail.com	Sunday	5pm-6pm	Coastlands Aquatic Centre		All year
Tenpin Bowling	Rachael Martin	021 027 16885	lochaberstables@gmail.com	Thursday	5pm – 6.30pm	Kapiti Tenpin	\$7.50 for 2 games	All year
Snowsports	Joanna Donovan		joannadonovan6@gmail.com					
Special Olympics Mana			Email: mana@specialolympics.org.nz Sports Coordinator: Helen Brookes, hellycatz@xtra.co.nz , 027 675 2348					
Sport	Head Coach/Manager	Contact Number	Contact Email	Training Day	Training Time	Training Location	Cost	2021 Months Offered
Basketball	Helen Brookes	027 675 2348	hellycatz@xtra.co.nz	Tuesday	6pm – 7pm	Te Rauparaha Arena		17 th March - Nov
Bocce						Days bay bowling club		
Football	Allan Smith			Monday	6pm – 7pm	Te Rauparaha Arena		16 th March - Sept
Swimming	Shannon Spencer		hellycatz@xtra.co.nz	Wednesday	7pm – 8pm	Cannons Creek Pool		25 th March - Sept
Tenpin Bowling	Lin Muir	027 275 6528	Muir-family@xtra.co.nz	Saturday	10am - 11.30am	North City Tenpin		Feb to Nov



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Special Olympics Wellington								
Sport	Head Coach/Manager	Contact Number	Contact Email	Training Day	Training Time	Training Location	Cost	2021 Months Offered
Athletics	Dean Patten	027 901 7666	Deanpatten1@gmail.com	Saturday	10am – 11.30am	Newtown Park	\$20 per season	28 th March finishes 3 October new season begins
Basketball	Karen Nowell-Usticke	027 433 5617	karennu@specialolympicswellington.org.nz	Thursday	5.30pm – 7pm	ASB Sports Centre	\$100 p.a.	2 April - October
Bocce	Gitika Mangar	027 415 9727	gmangar@specialolympicswellington.org.nz	Sunday	2pm – 3.30pm	Mornington Golf Club	\$2 per session	
Equestrian	Bronwyn Hussey	027 600 3007	Hvrda@extra.co.nz	Wednesday	Term Time	Hutt Valley RDA	HVRDA set the fee	Year round
Football	Matt Burgess	021 615 452	football@specialolympicswellington.org.nz	Tuesday	6pm – 7pm	Karori Rec Centre	\$2 per week (Free if venue hire grant received)	February - November
Tenpin Bowling	Sean Aickin	021 465 119	saickin@specialolympicswellington.org.nz	Wednesday	4.30pm – 5.30pm (Comp) 5.30pm – 6.30pm (Rec)	Bowlarama, Newtown	\$5 per session	February - November
Swimming	Paula Dixon	021 241 7700	paula.m.dixon@gmail.com	Sunday	5pm and 6pm	WLG Regional Aquatic Centre	Pool entry fee	

Useful Links from Idea Services & dsport



https://www.health.govt.nz/your-health/services-and-support/disability-services/more-information-disability-support/disability-organisations-and-websites	Useful links for disability services and support
https://firstport.co.nz/	Firstport is for anyone looking for information, advice, support or equipment relating to disability in New Zealand
https://www.lifeunlimited.net.nz/	Government Agency
https://www.idea.org.nz/	Idea Services Hutt Valley and Wellington contact number: 04 463 2478 Ask for the vocational manager regarding program information.
https://ift.org.nz/	Care provider – lots of day activities and an onsite gym where people get support from OT's
https://www.ccsdisabilityaction.org.nz/	Support provider
https://nzta.govt.nz/assets/resources/total-mobility-scheme/docs/total-mobility-around-new-zealand.pdf https://www.metlink.org.nz/getting-started/accessibility-guide/total-mobility/	Transport Assistance
http://www.huttcity.govt.nz/Leisure--Culture/ https://www.upperhuttcity.com/Community	Local council is where I find a lot of my community based activities/workshops
https://www.hvrda.org.nz/	Horse riding for people with disabilities
https://www.healthyfamilieshuttvalley.org.nz/	
https://functionaladaptivemovement.com/	Now based in the Hutt Valley